

Monday, April 20, 2020

With my crayons I will go,  
Journeying o'er the bright  
rainbow,  
Red and yellow, green and  
blue,  
Orange and purple, that will  
do,  
Now let's see where they take  
me to.



- Now I take the brush so gently In my hand with loving care  
Watch the color flow so softly on the paper clean and clear.

## Color Scavenger Hunt!

In your packages this week there is a laminated color wheel (hopefully this adds to durability!) Ask your child to find each color and then take a photo and post it in the comments or send it to me!

It doesn't have to be a scavenger hunt outside with flowers (though that is my favorite!) It could be in your child's room, it could be with the groceries brought home. Let it be something you revisit each week or bring with your family if you have nature walks.



## Art as Meditation

With painting or art times with your child consider lighting a candle, let it be a inward time to work on art, perhaps while they work on art you near by can tend to any tasks or work you are hoping to achieve in the day

The idea of parallel being might be a good practice to cultivate in your day and give positive feed back for the time your child puts into focusing their attention at a single task