" If there is anything that we wish to change in the child, we should first examine it and see whether it is not something that could better be changed in ourselves." C.G. Jung



(seal finger puppet)

Smooth and slippery slippery seal, dives deep in the water full of zeal.....

Have fun with your child making a simple puppet show and or story with the seal, you could even make a felt ball that

goes on the finger of a free hand for the seal to play with as the poem is spoken, or encourage your child to come up with their own seal story!

(chick sown together) A link on how to blanket stitch https://www.youtube.com/ watch?v=S9zegUYdPmg



Sunday, March 29, 2020



a large bo

dutch

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Attached is a sourdough bread recipe, it takes time and let your child be apart of the process, watching the bread rise, allowing

for the sensory experience of different textures the dough takes through out the process. And have fun with it!